



# Welcome to Spokane County ARES-RACES!

Thank you for submitting your applications to join Spokane County ARES-RACES. We're excited you've joined us to make the Spokane area better able to deal with emergencies and disasters of all types.

So, now that you've submitted both applications, what happens next? To complete your membership, you'll need to complete a few training requirements and pass the county's background check. In the meantime, we encourage you to become active in attending meetings and trainings as well as participating in exercises and the weekly net.

Our monthly meeting is held the third Thursday of each month at 1900hrs local time at the Spokane City Fire Training Center: 1618 N Rebecca Street, just east of Spokane County Community College.

The weekly net is held on the ARES-RACES repeater, W7GBU, at 147.300 with a +600 khz offset and a 100 hz tone each Tuesday night at 2000hrs local time.

Live trainings and exercises are as announced on the net and at the meetings.

## **Training requirements include:**

(For all the FEMA courses, click on the link, scroll down, and click on "Take this Course" "Interactive Web Based Course")

FEMA IS-100.b Introduction to Incident Command System (IS-100)

This is an online training available at

<http://www.training.fema.gov/is/courseoverview.aspx?code=IS-100.b>

If you have previously completed any of the IS-100 courses, they qualify to meet this requirement. Just send the certificate as noted below

FEMA IS-700.a National Incident Command System (NIMS) (IS-700)

Also an online training available at

<http://www.training.fema.gov/is/courseoverview.aspx?code=IS-700.a>

### Defensive Driving

This is a four hour course offered quarterly by Spokane County. After you have passed your background check, the county will assign you a volunteer number. With a number assigned, you'll be notified of the next scheduled training.

The IS-100.b, IS-700.a (IS-100 and IS-700) and the Defensive Driving training must be completed before you'll be issued a county volunteer ID card.

### Blood Borne Pathogens

This is an important training for our public event work. It's available online at [http://www.lni.wa.gov/safety/trainingprevention/online/courseinfo.asp?P\\_ID=200](http://www.lni.wa.gov/safety/trainingprevention/online/courseinfo.asp?P_ID=200)

### SKYWARN Weather Spotter training

We coordinate with the National Weather Service for weather related incidents. This is a webinar training done by the NWS; dates and times will be announced.

### Helicopter Safety Training

In responding to emergencies and disasters we may often be working around helicopters. This training is available through the Spokane County Fire Department; dates and times will be announced.

If you wish to become part of the Hospital Team, HIPAA training is also required. It is available online with registration. Details will be sent to those wishing to be part of the Hospital Team

### **Recommended training:**

#### IS-200.b ICS for Single Resources and Initial Action Incidents (IS-200)

This is online training available at

<https://training.fema.gov/is/courseoverview.aspx?code=IS-200.b>

#### IS-800.b National Response Framework, An Introduction (IS-800)

Also available online at

<https://training.fema.gov/IS/courseOverview.aspx?code=IS-800.b>

Here is a link to the FEMA Training home page where you can find any of the FEMA courses

<https://training.fema.gov/is/crslist.aspx>

Adult First Aid/CPR/AED (Pediatric optional)

This training is available for free through GSEM. Dates and times will be announced.

Red Cross Disaster Service and Shelter Fundamentals

These are both periodically offered by the Red Cross. Dates and times will be announced.

As you complete your training, e-mail a copy of your certificates to

[SRamelMcKay@SpokaneCounty.org](mailto:SRamelMcKay@SpokaneCounty.org)

We highly recommend you keep copies of all your training certificates.

If you have any questions, please, feel free to contact Dave Carleton, AEC for training, at

[K7DSR@arrl.net](mailto:K7DSR@arrl.net) or 702-862-0329

Again, welcome to Spokane County ARES-RACES

A handwritten signature in blue ink, appearing to read 'Aaron', is placed on a light gray rectangular background.

Aaron Noack

Spokane County Emergency Coordinator and RACES Officer